

## WINDSONG HEALING ARTS SHAMANIC APPRENTICESHIP PROGRAM

The shamanic apprenticeship is an intensive training utilizing advanced core shamanic techniques as well as ceremony, ritual, and techniques from other shamanic cultures. This course is multi dimensional involving required reading, keeping a journal of your experiences, practicing the techniques learned, and working in nature. This apprenticeship is meant to be life changing, challenging you to go deeper into yourself for self empowerment as well as learning how to be of service to others and our planet. We will work with nature and the elemental spirits while developing a shamanic practice that fits into our daily lives. We will work on many layers during this course, encountering our egos and fears along the way. This work is challenging and deeply fulfilling.

This program requires a commitment on the part of the participant to attend each weekend session, complete assignments in between sessions, participate in a peer group discussion between meetings, and be willing to share openly and honestly about experiences. The class size is limited to 8 participants, allowing each participant to receive individual attention and to allow for a cohesive group experience.

The apprenticeship program is designed to be taken over a 2 year time period, meeting 4 – 5 times a year and concluding with a closing ceremony (for a total of 9 meetings). Each weekend meeting will begin at 6:00pm on Friday evening and will close by 6:00pm on Sunday afternoon. Saturday's session will run from 10:00am – 6:00pm (there will be occasional evening ceremonies held on Sat. evening in which case we will revamp the schedule accordingly). Sunday will run from 10:00am – 6:00pm. We will do a vision quest at the end of the first year which will begin Fri. evening and go continuously until Sunday late afternoon. We will meet once during each season so as to experience nature in all of her aspects. The participant will be responsible for meals and lodging (if required). Light snacks, coffee, tea, and water will be provided throughout the weekend. The program will be held at Windsong Healing Arts, 1552 N. Central Dr., Beavercreek, Ohio and outside venues depending on the material being presented.

The apprenticeship will begin the weekend of Oct. 22<sup>nd</sup> – Oct.24<sup>th</sup>, 2010

Proposed dates for 2011 are Jan.21-23, March 11-13, May 20-22, Aug. 5-7, and Oct.14-16.

**\* A prerequisite for admission to the program is the completion of an Introductory/Basic shamanic journeying course.**

- If you have not taken an introductory course in shamanic journeywork you may visit our website for available dates before the start of the apprenticeship program. You do not need to have the course with us, however if you took a course elsewhere please let us know with whom you studied and when. An ability to do basic shamanic journeying is essential before going deeper.

## OVERVIEW OF CURRICULUM FOR THE 2 YEAR APPRENTICESHIP TO INCLUDE:

This curriculum is not inclusive and may be modified to meet the needs of the group.

### JOURNEYWORK

- exploring on a deeper level the worlds of the shaman (lower, upper, middle)
- creating a map of the worlds of the shaman as experienced in journeywork
- understanding the language of the journey
- learning to journey through varied techniques (drumming, rattling, singing, dancing)
- journeying on behalf of others for divination and healing

### POWER RESTORATION

- exploring power loss and it's causes
- learning to restore and retrieve power and ways to use restored power
- learning to retrieve power animals for self and others
- using symbols and songs as power
- making and empowering power bundles

### CEREMONY AND RITUAL

- exploring the difference between ceremony and ritual and uses for each
- creating and using altars
- creation of personal and group ceremonies

### SHAMANIC DIVINATION

- how to divine information using spirit guidance for self and others, ethics of divination when working with others
- alternative methods of divining information (other than the journey)

### SHAMANIC EXTRACTION HEALING

- learning about spiritual intrusions
- how to remove intrusions and prevent future intrusions
- working with the energy body

### HEALING WITH SOUND AND LIGHT

- exploring the effects of sound vibrations as well as colors
- transmuting personal toxins
- using vibrational energy to heal self, others, and the planet

### TRANSITIONING INTO THE LIGHT

- exploring the shamanic concept of the soul after death
- supporting in bringing peace to souls after death (psycho pomp)

## SHAMANISM AND THE DREAM WORLD

- exploring dreams from a shamanic perspective
- revisiting past dreams for meaning

## SOUL RETRIEVAL

- what is soul loss, how is it caused
- soul theft, giving one's soul away
- soul remembering
- soul hiding

## EXPLORING THE NATURAL WORLD

- finding and working with plant spirit helpers
- singing soul tones of trees and plants, using these tones for healing
- working with elemental spirits

## SACRED POWER TOOLS

- during the 2 year program we will make and empower our shamanic sacred tools. We will create and learn about the use of power bundles, personal medicine wheels, prayer ties, medicine bags and other sacred power objects.

## VISION QUEST

- we will spend the first year of the apprenticeship preparing for the vision quest that will culminate our first year of study. The vision quest will be an entire weekend ceremony preparing for and crying for our vision.

The above topics listed in the curriculum are not meant to be taken as individual weekends; we will incorporate journeywork and ceremony into each session. In any given weekend we will explore multiple shamanic concepts as we learn to incorporate many different techniques into our daily practices. Each weekend will build on the next as we open more fully to all the spirit world has to offer.

TO OBTAIN A REGISTRATION FORM OR INQUIRE FURTHER PLEASE CONTACT US AT:

windsonghealing@sbcglobal.net or phone us at 937-901-1624.

The tuition for the 2 year program is \$2025.00, with the first and last payment due on or before the first meeting. You may pay for each session as you attend (225.00per session) or set up a monthly payment plan of \$85.00 a month to suit your budget. There is a \$100.00 discount if you choose to pay for entire program in advance.